# **LEGISLATIVE ADVOCACY**

### Write to Your Legislators

- Include postal address; to identify you as a constituent
- Be concise; short and to the point
- Personalize your message; thoughtful and share personal experience
- Request specific action; name pending legislation
- Be informative; why is this important
- Avoid sending attachments; provide supporting documents on request
- Proofread; errors reflect badly on your message
- Follow up; call the legislator's office

## **Call Your Legislators**

- Ask to speak to the legislator, if unavailable, leave a brief message requesting a return call
- Identify yourself as someone who lives in the legislator's district
- Be polite
- Tell them the problem
- Tell them why you are concerned
- Thank them for their time

Know the issue. Legislators are concerned with multiple issues, so be sure to provide good information. Additionally, ask questions about your legislator's stance toward the issue, and be ready for your legislators to ask about your position.

Leaving visual handouts, flyers or petitions, like the Legislative Policy Priorities found in our information section, is a great way to explain your stance on the issue.

To obtain a copy visit; https://www.mhsacoalition.org/information.

Always say thank you. Follow-up after your meeting by writing a thank you note to your legislator for their consideration. Additionally, it is important to relay any information you receive from your legislator to your organization, community, family and friends.

Contacting your legislator is an effective way to make your voice heard and to influence their votes on issues that are important to you. We know it takes courage to reach out and connect with Capitol Hill or your state legislature. To those of you who are new to this challenge: remember, your representative and senators work for you.



# SAMPLE LETTER/EMAIL

(Month) (Day) (Year)
The Honorable (First name) (Last name)
(Room Number), State Capitol
Topeka, KS (Zip Code)

RE: Mental Health and Substance Abuse Coalition Policy Priority to identify, implement, and fund a program to reduce the number of uninsured Kansans.

Dear (Assembly Member/Senator):

My name is (your first and last name) and I am a regional center consumer (family member/service provider/advocate/community member) who resides in your district.

I support this policy to assist in increasing access to care for community members whose income range makes them ineligible for Medicaid insurance. Kansas is losing behavioral healthcare workers to surrounding states due to higher wages provided by Medicaid expansion. With an increase in Medicaid, behavioral health care agencies could offer more services, increase wages, and put dollars back into the Kansas economy.

(Include a personal story. Tell your representative why the issue is important to you and how it affects you, your family member and your community.)

(Tell your representative how you want her or him to vote on this issue and ask for a response. Be sure to include your name and address on both your letter and envelope.)

Sincerely, SIGN YOUR NAME Print your name

Street address City, State, Zip code



# **HOUSE REPRESENTATIVES**

## Representative Daniel Hawkins House Majority Leader

District 100

Sedgwick County: Cities: Maize(part) and

Wichita(part);

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Phone: 785 296-7662

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## Representative Brian Bergkamp

**House District 93** 

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### **Representative Jesse Burris**

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## Representative John Carmichael

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# **Representative Ford Carr**

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## Representative Vic Miller House Minority Leader

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### Representative Emil Bergquist

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# **HOUSE REPRESENTATIVES**

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#### **Representative Susan Humphries**

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# Representative Brenda Landwehr

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#### Representative Henry Helgerson

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### Representative Cyndi Howerton

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## Representative Carl Maughan

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# **HOUSE REPRESENTATIVES**

## Representative KC Ohaebosim

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### Representative Chuck Schmidt

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#### **Representative Ponka-We Victors**

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### **Representative Patrick Penn**

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#### Representative Joe Seiwert

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# **SENATORS**

## Senator Larry Alley Senate Majority Leader

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## Senator Renee Erickson Senate Assistant Majority Leader

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# **SENATORS**

# Senator Oletha Faust-Goudeau Senate Assistant Minority Leader

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## Senator Ty Masterson Senate President

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## **Senator Mary Ware**

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#### Senator Dan Kerschen

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Mulvane and Wichita(part); Townships: Afton,

Attica(part), Delano(part), Garden Plain, Grand River, Illinois, Morton, Ninnescah(part), Ohio, Riverside(part),

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### Senator Carolyn McGinn

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## Senator Gene Suellentrop

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For more information regarding the
Mental Health and Substance Abuse
Coalition's Legislative Policy Priorities go to:
https://www.mhsacoalition.org/information
or contact

Executive Director - Dawn Shepler 316-978-6541 dawn.shepler@wichita.edu

To find out the House and Senate districts you are in go to:

http://www.kslegislature.org/ and search by address under the tab "Find My Legislator"

